



PIEDMONT SOCCER CLUB

Virtual Team Meeting

June 24, 2020

ZOOM HOUSEKEEPING

Please turn your Mic & Camera OFF

Q&A at the end

Send questions to

Dan Chubbock via Zoom Chat

Please [contact PSC Board](#) to discuss any issue further.



*send questions directly to **Dan Chubbock** who will help guide the Q&A*



AGENDA

Highlander Meeting

6:00 - 6:40p Presentation

6:40 - 7:00p Q&A

- Introductions
- Return To Play Plan
- Player Fees
- Coaching Slate
- How we train & play
- Program overview
- Club info
 - Volunteers
 - Uniforms
 - Referees
 - Fields
 - PCA

Individual Team Meetings

7:15 - 9:00p

30 minute slots (less time likely needed)

- Coach Intro
- Parent roles



PSC AT A GLANCE

Founded 1976

Mission Provide a pathway for local kids of all ages and levels to play and grow through soccer
Help create community around soccer

Players 900 — 1,000 kids (typical year)
U6 — U19 (PSC + AFC)
~2/3 Rec players
~1/3 Highlanders (comp)

Volunteer run Non-profit 501(3)c
Engaged BOD

Key Partners 24/7 PUSD Norcal
Jack London PRD PSA
AFC



KEY CONTACTS

President | [Stephen Miller](#)
VP Admin | [Maggie Mittan](#)
VP Programs | [Greg Barton](#)
Coach Coordinator | [Tim Lasocki](#)
Secretary | [Matt Dilworth](#)
Team Manager Coordinator | [Andrea Curran](#)
Highlander Coordinator | [Derek DePetra](#)
Referee Coordinator | [Colin Zak](#)
Special Needs Soccer | [Sabrina Smith](#)
*Field Scheduler | [Keri Elmquist](#)
*Treasurer | [Stephen Miller](#)
Registrar | [Karen Markopoulos](#)

Director of Coaching | [Dan Chubbock](#)
U8 Technical Director | [Ben Russell](#)
U9 - U12 Technical Director | [Ali Feasey](#)

*open positions



RETURN TO PLAY (RTP) — 4 PHASES

Our phased approach will support and align with Alameda County Public Health's guidelines, including Social Bubble (SB) and Youth Extracurricular Activity Units (YEAU).

	PHASE 1	PHASE 2	PHASE 3	PHASE 4
Overview	Focus on individual training NO group drills Social distancing at all times 1 extra-curricular SB	Small group training OK Groups not to exceed 4v4 Physical contact minimized	Controlled games between local and 24-7 clubs OK	Full return to play NO overnight tournaments until 2021
Start date	July (target) <i>pending approvals</i>	TBD	Sept (target) <i>pending approvals</i>	TBD
Physical contact on field	All participants to stay 6' or more apart at all times , includes drills, arrival, departure, and breaks SB / YEAU to run at least 3 weeks	Besides small group drills, all participants to remain 6' or more apart at all other times	Physical contact minimized where possible during training	NO contact restrictions for players during training sessions



RETURN TO PLAY (RTP) — 4 PHASES

	PHASE 1	PHASE 2	PHASE 3	PHASE 4
Field usage	Players alone in 10' x 10' boxes 26 or fewer participants per half of 11v11 field <i>See SSPs for each venue</i>	SB/YEAU guidelines & our SSPs continue	No limitations on participants per field Teams can train together	
Spectators at training	NO spectators at training	Spectators TBD <i>pending Phase 1</i>	Spectators OK	ACPH recs to continue for players & supporters at all events
		Must wear mask and stay 6' or more apart		
Venue facilities	Safe use of bathrooms OK <i>availability may vary by venue</i>	Safe use of bathrooms OK		
Practice schedules	Staggered start times to reduce overlap between groups	Training sessions will lengthen as larger group play is OK Continued focus on minimizing overlap between teams		
Equipment	NO equipment sharing, except for soccer balls by feet (NO HANDS!)	Sharing soccer balls OK	Sharing all equipment OK	
Personal items	NO sharing of water or personal items, including sunscreen, hand sanitizer, and uniforms			



RTP — EXPECTATIONS



RTP — EXPECTATIONS

CLUB (PSC)

- Produce a SSP for each venue
- Ensure all club participants are registered and have signed applicable documents and waivers
- Ensure that adult helpers, players, and their families are aware that they may not enter venue if any member of household has shown COVID-19 symptoms in the prior 14 days
- Set up health check-in app for all teams/parents/coaches, and monitor data to ensure coaches and parents are adhering to the RTP protocols
- Educate venue staff on protocols; post protocol info by phase
- Protect privacy of players or coaches who miss training due to not feeling well
- Cancel sessions if the weather forecast risks need for teams to shelter together from rain or heat.

COACHES (24/7)

- Wear a face mask to every session
- Follow all RTP protocols and venue SSPP
- Commit to staying home if showing any signs of Covid-19
- Commit to sending anyone home if they don't look/feel well
- Do not allow anyone not formally associated with PSC or team on the field.
- Arrive early to set-up spaces; no help from others to set up
- Use health check-in app to monitor players' welfare, require check-in to train
- Ensure that all players have their own gear & are not sharing
- Ensure all your equipment is cleaned every day
- Do NOT touch a player unless necessary.
An exception would be helping an injured player whose parents are not immediately available.
- Ensure that ALL lost property is placed in separate bags away from other equipment



RTP — EXPECTATIONS

PARENTS

- Agree to abide by the RTP guidelines
- Educate your child on the importance of guidelines
- Do not bring your child to any in-person activity if any member of your household is not feeling well.
- Ensure that your player has ALL necessary equipment before leaving home (no sharing)
- In Phase 1, complete health check-in BEFORE sending player to training. **Players CANNOT train without completed check-in**
- In Phase 1, carpool with family members / SB only
- In Phase 1, no watching from field
- When allowed on field to watch, always adhere to social distance guidelines.
- Parents are not allowed to help with any equipment or soccer ball collection in the first 3 phases
- Clean all equipment & clothing before each session

PLAYERS

- Understand importance of RTP and SSPP guidelines by phase & venue
- Listen to coach instructions very carefully
- Do not come to training if you don't feel safe or if you or someone in your family/SB shows any symptoms of Covid-19.
- If 12 or over, wear face masks both upon arrival and when leaving the field; any player may wear face masks and/or gloves during training
- Respect and practice social distancing at all times. Place bags/equipment at least 6 ft from teammates
- Until you are told it's OK, DO NOT physically contact teammates before, during or after training. NO high 5's or hugs
- Wash hands before & after training; clean gear after session
- Make sure that you have ALL equipment before you leave for training. NO SHARING – if you forget anything, you must do without for that session.



2020-21 FEES

Player Fees		Other Expenses
U8	\$1,450 (+ \$75 Volunteer Fee)	Uniforms: ~\$150
U9 - U10	\$1,850 (+ \$75 Volunteer Fee)	Reversible Pennie: ~\$10
U11 - U12	\$2,050 (+ \$75 Volunteer Fee)	Tournaments: \$0 (Fall)
U11 - U12 (Platinum)	\$2,200 (+ \$75 Volunteer Fee)	Pro Coach Expenses: \$0 (Fall)

If public health restrictions materially limit our planned programming, we will revise our 2020/21 fees accordingly.

We will know more once field permits are approved and our programs begin.

We will update all Highlander families before first installment scheduled (mid August).



PRO COACHING STAFF



Dan Chubbock



Ali Feasey



Ben Russell



Ben Solomon



Corey O'Neill



Kesy Platt



Mark Nutter



Stuart Harte



CORE VALUES



CORE VALUES ELEVATE

Excellence

Leadership

Education

Visionary

Accountability

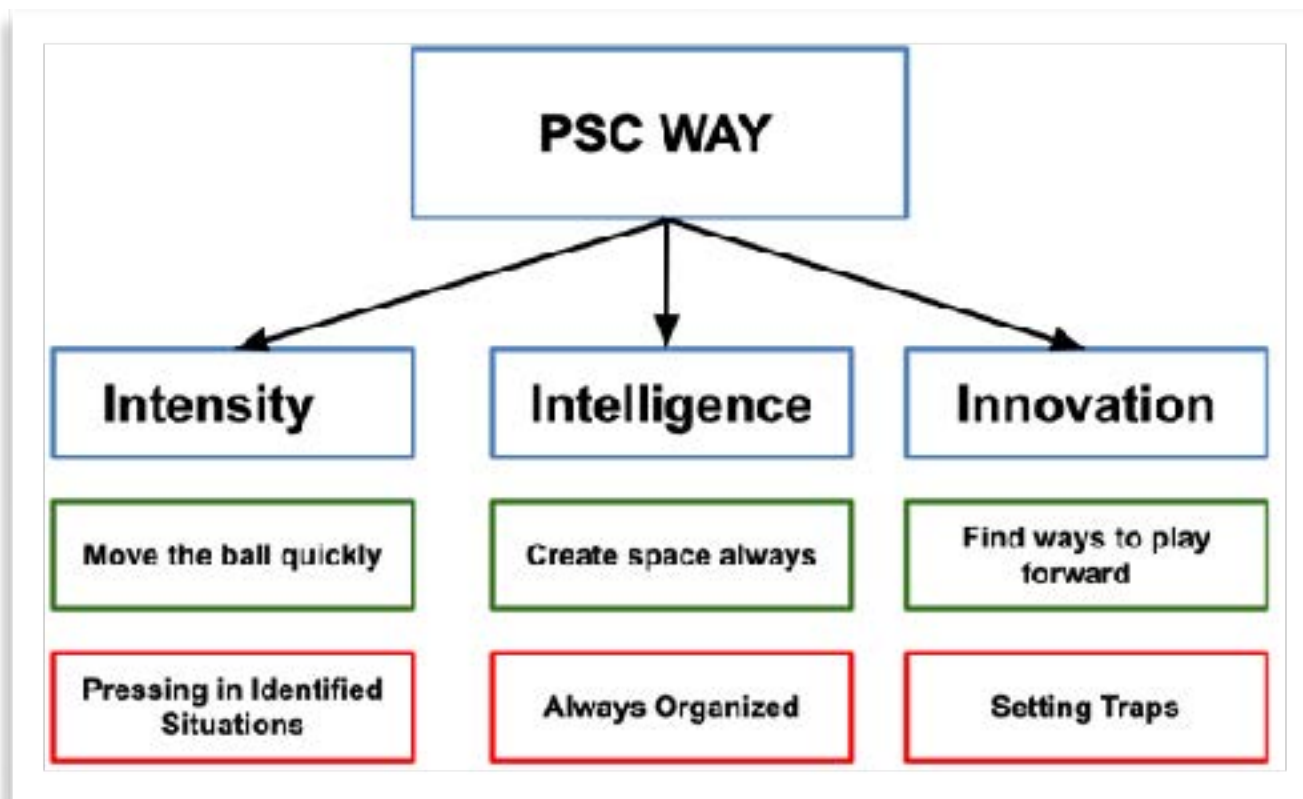
Teamwork

Empower



STYLE OF PLAY

High intensity, possession based soccer built upon finding gaps between the lines via individual skill, movement off the ball, and clever combination play in order to score more goals.



TEACHING APPROACH

Our learning plan is designed and overseen by our DOC & Technical Directors to provide players with a consistent methodology

Session Structure & Content

- Organized
- Game Based Learning
- Repetition
- Challenging
- Fun
- C-D-E Model

Communication + Decision Making + Execution = SOCCER ACTION

Coach Behavior

- Influence the focus of the players
- Create the environment for development

Core Skills

- 1v1
- First Touch
- Ball Striking
- Running With The Ball



THE PSC PLAYER


1. COMMUNICATION
2. GAME INSIGHT
3. OPTIMAL TECHNIQUE
4. CREATIVITY
5. GAME RELATED FITNESS
6. EFFORT
7. FOCUS



“The consistent ability to quickly select and execute the correct soccer action for the situation”



PROGRAM OVERVIEW

	U8	U9 - U12	U13 - U19
Professional Coaching	Practices only <i>Volunteer Coach runs games</i>	Practices + Games*	Association Football Club (AFC) 
Team Camp & Pool Training (Summer)	Pending	Pending	
Weekly practices** (Fall & Spring)	Two	Two	
Game format	5v5	U9 - U10 → 7v7 U11 - U12 → 9v9	
Team Structure	Players pooled for practice & games	Purple = 1st team White = 2nd team Slate = 3rd team <i>teams <u>must</u> have min roster size to form</i>	

*We work hard to eliminate/reduce coaching conflicts, but sometimes they come up, namely on game days. When a Pro Coach is not available, Volunteer Coaches will oversee the game

**Pending when we get back on the field, where it makes sense, we may add sessions in select weeks to help deliver more of our programs.



SEASON CALENDAR (*pending permits)

	<i>(anticipated)</i>		<i>(target)</i>	
	RTP PHASE	AGES	SCHEDULE*	
SUMMER	Phase 1 → 2	U8—12	July 15 — August 9	
FALL	Phase 2 → 3	U8	Aug 12 — Nov 10	<i>Potential for local games to start in September</i>
		U9—10	Aug 12 — Nov 24	
		U11—12	Aug 15 — Dec 20**	
WINTER	Phase 3 or 4	U8—12	Dec 1 — Feb 14	
SPRING	Phase 3 or 4	U8—12	Mar 2 — May 10	

*pending permits

** Platinum State Cup teams (U11-U12 only) — pending progress in competition — may also practice Jan thru mid Feb



NEW — 24-7 VIRTUAL ACADEMY — NEW

24-7 VIRTUAL ACADEMY: U9 – U10 Summer Program

The program is designed for you players in the U9 - U10 age groups to work on skills, technique, tactics, and game play designed by the Technical Director & Coaches. The program includes 12 live sessions every week for 12 weeks. Each session will be recorded for your review.

The aim of the program is to encourage players to learn that soccer skills when they can't be in a practice and help improve their overall skills and confidence in the game. We want to inspire players to work hard both on the field and through our virtual academy sessions.

This program consists of 12 weekly sessions:

- 1. Technical - Ball Control, Receiving, etc.

Each program will consist of instructional sessions which will improve the player's overall technical ability and allow them to learn skills, tactics, and game play throughout the season working on different aspects of the game.

View Program Details

24-7 Virtual Academy

- Online Training With 24-7**
Access sessions and programs from our professional coaches through the 24-7 Virtual Academy website and app.
- Individual Coach-Player Feedback**
Receive personal and performance feedback directly from your coach and take your game to the next level.
- Compete to Earn Badges and Points**
Earn badges and points as you work through programs, complete challenges, and increase your points and success with your skills.
- Watch and Share Video**
Share videos of your favorite highlights, goals, goals performance and successes.

See what our professional players do!

Now that you have watched the second video in our highlights, your savings for this technology your game by watching through the website below.

ADVERT DESCRIPTION

Headline: Players from elite clubs challenge elite ball foot 2019 Youth Training (U9)

1. Goal oriented game to allow you to practice technique
2. Stop over the top using through balls, crosses & headers
3. Shooting on goal from various locations (setback, 20/30/40 yards, set pieces)

Play the video training for fun and your feedback can be shared on the blog and on the 24-7 website below.

Get 10 points for watching!

The player may not be a professional player, but the skills they use are professional. It's important to have a group of the best players showing that in the next steps.

Juggling Practice for Kids

The juggling challenge for the week will appear on our website page. Watch the video and practice the skills. The program is designed for you players in the U9 - U10 age groups to work on skills, technique, tactics, and game play designed by the Technical Director & Coaches. The program includes 12 live sessions every week for 12 weeks. Each session will be recorded for your review.

Basic Juggling Tutorial

See how to juggle with a ball!

4 CONE DRILLS TO IMPROVE YOUR GAME

www.24-7.soccer



Welcome to Our Virtual Academy!

24-7 UK Soccer Academy is now offering online training for our clubs and players!

Register Now!



GENERAL EXPECTATIONS

Player Commitment	Fall AND Spring
Playing Time	Minimum of 50% per game
Playing Positions	U8 - U10: Players will experience variety of positions throughout season. U11 - U12: Players may begin to narrow down in order to perform their role at a higher level
Sideline Behavior	Players play. Coaches teach. Referees officiate. Let them play!

Conflict resolution process

Wait at least 24 hours after a game before addressing any issue with a coach

Avoid parking lot or sideline talk with other parents

Bring issue to coach first, then (as necessary) to the TD, DOC or BOD



FIELDS



Beach Elementary	Turf	Piedmont
Coaches Field	Grass	
Hampton Field	Turf/Grass mix	
Haven's Elementary	Turf	
Witter Field	Turf & Grass	
Aurora School	Turf	Oakland Alameda
Bladium Soccer Complex	Turf	
Alameda Point	Grass	



Positive Coaching Alliance (PCA)

Ever wonder...

- *How you can best support your child's soccer development?*
- *How much or how little you should do?*
- *Do You Dare to Chill?*

Our friends at Positive Coaching Alliance are THE experts!

Take a look at this training video:

<https://www.youtube.com/watch?v=uZDZiFRN590>

Piedmont Soccer Club and PCA will conduct a live ZOOM session including an interactive mix of slideshow/video, Q&A, and sample scenarios.

All PSC Families welcome.

August 2020 date to be finalized soon.



UNIFORMS (2020/21 & 2021/22)

Adidas uniform purchased via
Soccer Post (Alameda)

2020/21 season is start of 2 year cycle

Kit includes:

- 1x Purple Jersey
- 1x White Jersey
- 1x Black Short
- 1x Purple Socks
- 1x White Socks
- 1x Training Tee

Team Manager to facilitate ordering
process



VOLUNTEERS

Every player to contribute \$75 Volunteer Deposit

Money supports our scholarship & development fund.

Deposit can be returned when volunteer role is completed (each family)

REQUIRED Team Roles	Other Roles
Team Manager	Team Party Planner
Volunteer Coach	Snack Coordinator
Affiliated Referees!	Bench / Canopy set up
Treasurer	Tournament Director
PCA Representative	Photographer
	Board of Directors

PSC is a volunteer run, community based club. We encourage each family to take a volunteer role within your team.



REFEREES

We are always looking for new referees among current players and parents!

The class is online, self-paced, followed by a digital field session. Register anytime, fee is \$75

For more information and to sign up

<https://learning.usoccer.com/referee/courses/available/6/details/2045>

Digital field sessions will be available until 7/16

Proper field sessions are expected to resume in August

Any questions? Please contact

Colin Zak referee_coordinator@afcacademy.club

Steve Goswell, steve.goswell@gmail.com

Game Credit Requirements - Fall 2019 Season (Updated 2019.08.22)

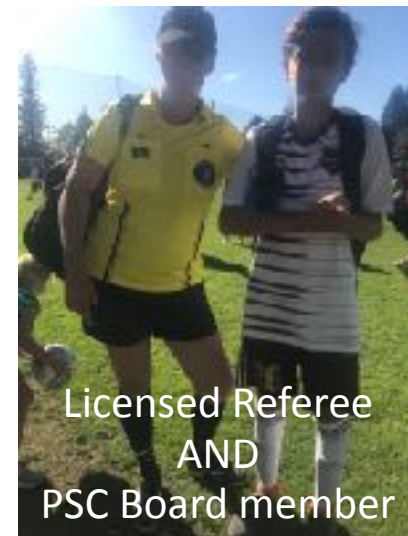
Subject to change

Competitive Teams

- U8-U12 7 credits
- U13-U19 18 credits

Recreational Teams

- U10-U12 7 credits
- U14-U19 15 credits



PIEDMONTSOCCER.ORG

The screenshot shows the homepage of the Piedmont Soccer Club website. At the top, there is a navigation bar with a search icon and a 'START HERE' button. Below this is a secondary navigation bar with a 'Player Registration FAQs' link. The main header features the club's logo and a menu with items: Home, About, Registration & Fees, Competitive, Recreational, Programs, Resources, and Referrals. The main content area is a large image of children playing soccer on a grass field. Overlaid on this image is a text box titled 'Our Mission' which reads: 'Promoting exemplary sportsmanship and ethics while providing opportunities for every age and level to grow through the sport of soccer.' Below the image, there are three columns of text. The first column is titled 'Welcome To Piedmont Soccer Club' and describes the club's affiliation with the Jack London Youth Soccer League (JLYSL) and the California Youth Soccer Association (CYSA). The second column is titled 'Announcement' and mentions that all PSC volunteer coaches will receive responsible-guardian attendance at a PCA training session. The third column is titled 'Club News' and lists 'Upcoming Virtual Pre-Season Meetings For Highlander Families' and 'Current Piedmont PSC Game and Practice Status'. Each of these three columns has a 'READ MORE' button at the bottom.

Full Recreational Soccer Registration Now Open **START HERE**

Player Registration FAQs CONTACT US f t g Search

Home About Registration & Fees Competitive Recreational Programs Resources Referrals

Our Mission

Promoting exemplary sportsmanship and ethics while providing opportunities for every age and level to grow through the sport of soccer.

Welcome To Piedmont Soccer Club

Piedmont Soccer Club (PSC) is part of the Jack London Youth Soccer League (JLYSL) and one of many statewide league members of the California Youth Soccer Association (CYSA). CYSA is part of the 3,000,000+ member United States Youth Soccer Association (USYS/A), which governs youth soccer in the country. Piedmont Soccer Club provides both competitive and recreational soccer programs consistent with CYSA's dedication to place players at the appropriate level of play in order to provide a fun but challenging soccer environment.

[READ MORE](#)

Announcement

All PSC volunteer coaches will receive responsible-guardian attendance at a PCA training session.

[READ MORE](#)

Club News

Upcoming Virtual Pre-Season Meetings For Highlander Families

Current Piedmont PSC Game and Practice Status

Interested In Spring Competitive Soccer?

[READ MORE](#)



Q&A

