



# Piedmont Soccer Club



## Volunteer Coach Invitation Letter

Dear Volunteer Coaches;

Thank you for your commitment to Piedmont Soccer Club. Your energy, enthusiasm and link to the parents is a critical part of our program. PSC has made a number of changes to the program, which we feel will help with the overall experience of our members:

- (1) Age group practices in the spring wherever possible;
- (2) Professional Coaches for all Highlander teams;
- (3) Clearer roles for Pro and Volunteer Coaches.

Based on your online tryout registration and/or your discussions with the Pro Coach/Technical Director, we understand that you are interested in becoming a volunteer coach for Piedmont SC. Please review the role of the volunteer coach (see page 2-3) and the time commitment of attending one practice/week (see schedule on page 4-5) as well as 90% of the weekend games (providing cover when Pro Coach has a game conflict). If this is something that you are able to commit to, we would love to have you on board.

**Team Name:** \_\_\_\_\_

**Likely Purple team Volunteer Coach:** \_\_\_\_\_

**Assistant/alternates:** \_\_\_\_\_

**Likely White team Volunteer Coach:** \_\_\_\_\_

**Assistant/alternates:** \_\_\_\_\_

All coaches are welcome to come to the first few weeks of practice to participate and get to know the teams and pro-coaches. Please review the practice schedule and volunteer coaching roles and let us know if you are still interested.

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## Professional - Parent Coach Roles

Same guidelines for all Highlander teams (Purple and White)

### Role of Professional Coach

- Plan and run all practices (2x practices/week) with support of parent coach
- Distribute practice plan and give guidance to volunteer coach so that they are an active member of session
- Attend and lead as many games as possible (~90%)
- Training: "C" license or equivalent required (or working toward)
- Attend PCA training - required yearly
- Communication: Biweekly email to team with parent-coach

### Role of Parent Assistant-Coach (1 or 2 if available)

- The parent coach provides an important link between the kids, parents and community and has a leadership role on the team.
- Attend and support pro-coach in one practice/week and have leadership role under guidance of pro-coach
- Examples of role at practice:
  - Run warm-up or debrief at practices to allow pro-coach to transition to next session
  - During session activities, break team into smaller groups and have parent-coach direct a group to get more touches and provide feedback to players
  - One on one session if player can benefit from individual development (i.e. striking the ball) or disruptive player needs to be focused outside of group
- Attend ~90% of games and support pro-coach as needed (cover Pro Coach if there are game conflicts, with Pro Coach's other teams).
- Expectation to lead one game/season and otherwise fill in as necessary
- Training: Minimum of USSF F License or New USSF Grassroots Coaching (7v7, 9v9 or 11v11, depending on age group) and attend one field session annually
- Attend PCA training - Required yearly

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## General Guidelines

- Every Highlanders White and Purple Team is independent to work pro/parent partnership and shared leadership
- Expectation is 50% minimum playing time per game and rotating players into multiple positions to maximize development (coaches should be striving for closer to equal playing time for the younger age groups however)
- Follow the training and language of the PCA “Positive coaching alliance” program and USSF/NSCAA coaching licensing
- Send articles and sports education materials to Technical Director, so that they can be shared amongst group and on Piedmont SC social media pages (Twitter and Facebook).