



COACH SIDELINE BEHAVIOUR



	POSITIVE BEHAVIOR	NEGATIVE BEHAVIOR
Where to sit/stand	Set up on opposite side from parents	Pacing up and down sideline
	Bench/technical area	On sideline or on field.
	Sit down when possible, to show composure	
Communication with players	Let players play and make own decisions/mistakes	Overcoaching
	Give tasks for players on bench. i.e. counting passes	Dictating every single play (Playstation coaching)
	Keep coaching to a minimum	Negative tone, constant yelling
	Take notes on the game	
Substitutions	Instruct player going on of position and player calling off	Keeping players on the bench for more than 50% of the game
	Player goes to halfway line (with pinnie) and calls player off	Subbing when ball is still in play
	Only goes on field, when referee waves them on	Players going on the field from the bench (not going to halfway line to wait for sub)
Teamtalks	Away from parents and out of sun (at halftime)	Players sat staring directly in sun
	Stay composed and set goals for second half/next game	Berating players for poor performance
	Short debrief of game (sandwich approach)	Long team talks at field analysing every single play
Referee	Introduce yourself before game and ask any questions (i.e. u9/10 - goal kicks from 6 or 18)	Calling for fouls
	Provide game balls	Complaining about calls, during or after the game.
	Entire team shake referee's hand at end of game and thank them	Dissent of any kind
Opposition	Shake coach's hand before and after game	Talking negatively about the other team (directly to them or to your players)
	Show exemplary sportsmanship throughout	Encouraging any sort of poor sportsmanship by your players/spectators
	Take the higher ground, if opponent is not showing sportsmanship.	
	Applaud good play	