

# 24/7 SkillSKOOL

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Score

3X3	COUNT	1	2	3	4
1) turn at wall					
2) toe tap - roll back					
3) inside hook					
4) roll - control					
5) outside hook					
6) inside - outside					
7) scissors - box/box					
<b>SPOTLIGHT</b>					
1) boxing					
2) Brazilian toe taps					
3) outside - inside					
4) box - box - roll					
5) sticky tape (left)					
6) sticky tape (right)					
7) pull - push					
<b>INTERFERENCE</b>					
1) box - drive					
2) Cruyff turn					
3) inside - outside					
4) roll - outside					
5) box - box - scissors					
6) pull - push					
7) Jay Jay					

**NOTES:**

